

Volume 26 Issue 8  
Newsletter Date  
February 2024

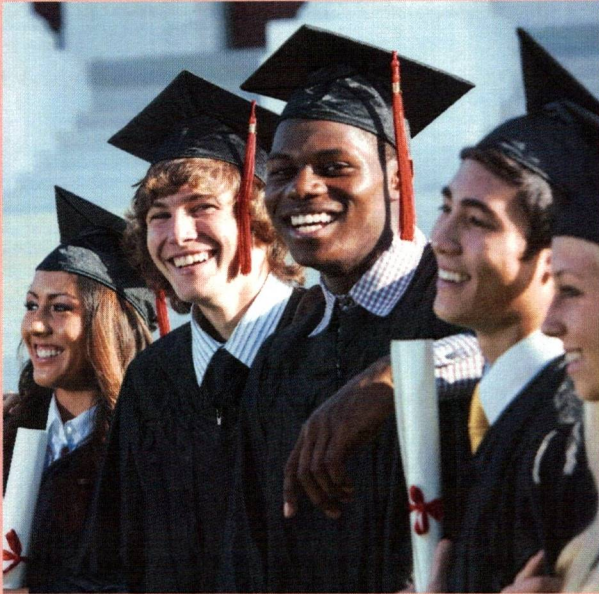


HAPPY  
*Valentine's*  
DAY



Relay Services: 711 or 1-800 Relay TX





Application for the  
2024 TXNAHRO COLLEGE  
SCHOLARSHIP DEADLINE IS  
February 16, 2024

If you are interested please contact Tanya Johnson at  
325-676-6032 for the instructions to download the  
application on-line.

If you have a graduating high school senior or student  
that plans on attending post secondary school. There  
are 9 scholarships that will be awarded:

- 1 - \$2500.00 Scholarship
- 8 - \$1000.00 Scholarships



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A college tour to Tarleton State University is scheduled for March 29, 2024



A parent/student meeting is scheduled for February 2, 2024 from 6:00 p.m. to 7:00 p.m. at E.W. Williams Community Center.

Parents of graduating seniors if interested in scholarship/or the Tarleton tour please contact Tanya Johnson at 325-676-6032



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### **Community Corner Meetings**

**Come out and get involved to make your community GREAT!  
Anyone can Join!!!**

**V.E. Brailsford Community (Vogel)  
Earl Williams Community  
Riviera Community  
Deegan Community**

**The groups will meet monthly to discuss ways to make the  
communities GREAT. Any questions call  
Veronica at 325-676-6032 X 6016**

**Come and join the "Parents Group"  
We will network and meet new friends.  
The group will meet once a month**



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### **RAB (Resident Advisory Board)**

**RAB stands for Resident Advisory Board. The Resident Advisory Board is made up of residents from Public Housing and HCV. These residents reflect and represent the residents assisted by the Abilene Housing Authority. The role of this board is to assist and make recommendations regarding the development of the PHA plan and any significant amendment or modifications to the PHA Plan.**

**WE WANT YOUR INPUT! Interested?**

**Call Tanya at 325-676-6032**

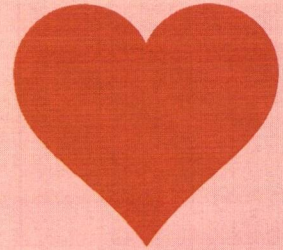




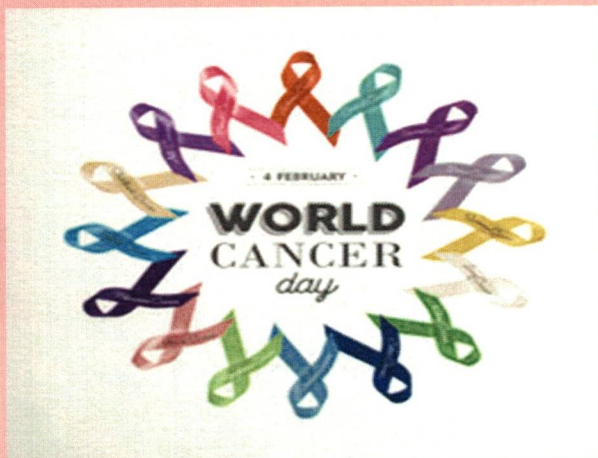
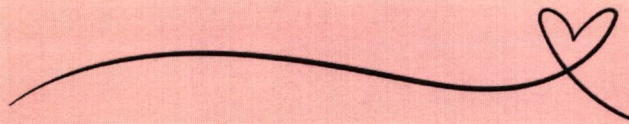
**February is Heart Awareness Month.**

Every year more than 600,000 Americans die from heart disease. It is considered the number one cause of deaths for most groups as it affects all ages, gender, and ethnicities. Risk factors include:

High cholesterol  
High Blood Pressure  
Smoking,  
Diabetes and  
Excessive alcohol use



You can take an active role in reducing your risk by eating healthy, exercise and managing your cholesterol and blood pressure. This is a great chance to start some heart healthy habits!!



National Cancer Prevention Month focuses on the things we can control to lessen our odds of developing cancer. Five of the top recommendations for lessening our risk include:

Regular exercise  
Maintaining a healthy weight  
Eating healthy foods  
Quitting or never starting smoking  
Limiting alcohol use

Other actions that help to prevent cancer or catch it early include routine checkups, treating or preventing other health conditions, and knowing your risk factors. We can't stop every form of cancer yet, but we do have the tools to decrease our risk factors.



**MISSION STATEMENT**

**THE HOUSING AUTHORITY'S MISSION IS TO SERVE THE  
HOUSING NEEDS OF LOW-INCOME FAMILIES IN THE  
AUTHORITY'S JURISDICTION TO ENHANCE SELF-SUFFICIENCY  
AND PROMOTE COMMUNITY QUALITY OF LIFE AND  
ECONOMIC VIABILITY.**

**VISION STATEMENT**

**WE WILL BE RECOGNIZED AS A LEADING AUTHORITY IN  
MODERATE AND LOW-INCOME COMMUNITY DEVELOPMENT  
ACTIVITIES IN WEST TEXAS**

**Abilene Housing Authority Office Personnel:**

**Chief Executive Officer - Gene Reed**

**Chief Financial Officer - Paul Falade**

**Housing Manager - Terrie Jowers**

**Assistant Housing Manager - Debra Hart**

**Housing Counselor - Vacant**

**Resident Services Coordinator - Tanya Johnson**

**ROSS Coordinator - Veronica Berube**

**Crew Chief - Ali Mitachi**

**Maintenance - Onesimo Almazan & Evaristo Almazan**